

Welcome to Cardinal Langley RC

6<sup>th</sup> form

Preparing to study

BTEC Health and Social Care

Level 3



The health and social care sector is one which allows people to care for others and provide quality of life to vulnerable people. With our Health and Social Care Level 3 course you will learn the skills and knowledge required to work in this industry and provide the best possible care for people under your supervision.

Our aim here is to help you prepare for your Health and Social Care L3 course during the 2 years you are here with us at CLRCHS 6<sup>th</sup> form.

# Introduction

Health & Social Care has been developed to provide a broad educational basis for further training, further education or for moving into appropriate employment within the Health and Social Care sector.

The BTEC Level 3 Extended Certificate in Health & Social Care qualifies for UCAS points so if you complete it successfully you could move on to study for a degree or BTEC Higher National Diploma in related subjects. It is broadly equivalent to one A Level. You could also go on to relevant employment or training within health and social care services such as social work, nursing, midwifery, paramedic or care worker.

You do not need to have previous experience of studying Health and Social Care at Level 2 to study at Level 3, you just need enthusiasm and dedication.

**Throughout the course you will study the following 4 units:**

- Human Lifespan Development (90 minute written exam, set and marked externally)
- Working in Health & Social Care (90 minute written exam, set and marked externally)
- Meeting Individual Care and Support Needs (Internal assignment)
- Optional Unit - Sociological Perspectives (Internal assignment)

Here you will find an overview of each unit of study and below each a link that will take you to a free accredited Open Learn course. It is strongly recommended that you complete all these online courses.

It is also recommended that you access a variety of resources from the following news sites on a regular basis

<https://www.bbc.co.uk/news/health>

<https://www.manchestereveningnews.co.uk/news/health/>

<https://www.theguardian.com/society/health+society>

<https://www.thetimes.co.uk/topic/health?page=1>

# Human Lifespan Development

You will cover physical, intellectual, emotional and social development across the human lifespan, and the factors affecting development and the effects of ageing.

Health and social care practitioners need to develop a knowledge base for working with people in every stage of their lives, and they need to know how their own experiences relate to health and wellbeing. Although it is generally accepted that there may be deterioration in health with age following adulthood, medical intervention means people are living longer and have better life prospects. This unit will develop your knowledge and understanding of patterns of human growth and development. You will explore the key aspects of growth and development, and the experience of health and wellbeing. You will learn about factors that can influence human growth, development and human health. Some of these are inherited and some are acquired through environmental, social or financial factors during our lifespan. You will learn about a number of theories and models to explain and interpret behaviour through the human lifespan. In this unit, you will explore the impact of both predictable and unpredictable life events and recognise how they impact on individuals. You will study the interaction between the physical and psychological factors of the ageing process, and how this affects confidence and self-esteem, which in turn may determine how individuals will view their remaining years.



<https://www.open.edu/openlearn/health-sports-psychology/health/nursing/the-beveridge-vision/content-section-0?active-tab=description-tab>

<https://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/the-boundaries-care/content-section-0?active-tab=description-tab>

<https://www.open.edu/openlearn/health-sports-psychology/introducing-ageing/content-section-0?active-tab=description-tab>

# Working in Health & Social Care

You will explore what it is like to work in the health and social care sector, including the roles and responsibilities of workers and organisations.

This unit will help you to understand what it is like to work in the health and social care sector. When working for an organisation in this sector, you will have important responsibilities that you need to understand and carry out. These include maintaining the safety of and safeguarding individuals with health and social care needs, making sure that you properly handle their personal information and preventing discrimination towards them. It is necessary for you to understand how your work will be monitored when you carry out a specific role such as nurse or social worker. You will begin by looking at the range of roles and general responsibilities of people who work in health and social care settings. You will learn about the organisations that provide services in this sector, and the different settings in which these services are delivered according to the needs of the service user. You will learn about the ways these services are provided and about the barriers that can prevent people from getting the services they need. These organisations are regulated and inspected so you will also need to understand how inspectors and regulators monitor the work that you do. You will learn about working with people with specific needs, including ill health, learning disabilities, physical and sensory disabilities, and the needs of people who occupy different age categories.



<https://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/care-relationships/content-section-0?active-tab=description-tab>

<https://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/caring-hospitals/content-section-0?active-tab=description-tab>

<https://www.open.edu/openlearn/health-sports-psychology/healthcare-careers/mental-health-practice-bonnyrigg/content-section-0?active-tab=description-tab>

## Meeting Individual Care and Support Needs

You will focus on the principles and practicalities that underpin meeting individuals' care and support needs, which are the foundation of all the care disciplines.

For you to be able to provide the care and support that individuals need, it is important that you have a good understanding of the principles behind providing quality care and support. This unit introduces you to the values and issues that need to be considered when planning care and support that meet the needs of an individual in a health and social care environment. In this unit, you will learn about the values and principles of meeting care and support needs and look at some of the ethical issues that arise when personalising care. You will examine factors that can impact the professionals who provide the care and support, and the challenges that must be overcome to allow access to good quality care and health services. You will explore the different methods used by professionals across all care services. You will reflect on these methods when you consider the importance of multi-agency working in providing a package of care and support that meets all the needs of individuals.



<https://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/caring-family-affair/content-section-0?active-tab=description-tab>

<https://www.open.edu/openlearn/health-sports-psychology/exploring-learning-disabilities-supporting-belonging/content-section-overview?active-tab=description-tab>

# Sociological Perspectives

In this unit you will study the application of sociological approaches to health and social care, and explore social inequalities, demographic change, and patterns and trends in social groups.

Sociology will lead you to question many of the attitudes you hold and the assumptions you make about society and individuals who have care and support needs. To work effectively in health and social care you need to be familiar with sociologists' research findings and be able to apply a sociological understanding to your practice. You will gain an understanding of the different sociological perspectives and concepts and consider how these can be applied to health and social care. You will examine what is meant by health, and how the definitions and models used by health and social care professionals affect people. By examining inequalities in society, you will be better equipped to understand and support people who come from different social groups. You will explore recent changes in health and social care.



<https://www.open.edu/openlearn/health-sports-psychology/exploring-family-health/content-section-0?active-tab=description-tab>

<https://www.open.edu/openlearn/health-sports-psychology/healthcare-careers/the-limits-primary-care/content-section-0?active-tab=description-tab>

<https://www.open.edu/openlearn/health-sports-psychology/the-lottery-birth/content-section-overview?active-tab=description-tab>